

SIX MOTTOS FOR EFFECTIVE CO-PARENTING

Robin Zucker

1. I will love my child more than I hate or resent my ex spouse - Be child-focused.

2. I will allow and help my child to love both parents.

3. I am responsible for my actions and words. The only person I can change is me.

4. When my children are with me its my time to parent them. It is "parenting time." No Disney Dads and Mall Moms.

5. Parenting is a forever commitment. I will not drop out of my child's life (even if I am pushed away)

6. I will not badmouth my child's other parents and I will reduce conflict in any way I can.