

WHAT IS YOUR LOVE LANGUAGE?

The best way to start building relationship health is to better understand yourself and your partner, and how you each express and understand “love.”

Is it words of affirmation, physical touch, gifts, acts of service, or quality time? Some combination of these? Take the quiz, learn your love languages, and build a love that lasts.

FOLLOW THIS LINK FOR THE FREE QUIZ:

<https://www.beliefnet.com/love-family/relationships/quiz/the-5-love-languages-quiz.aspx>